

If your online account has been hacked, it may be worrying. We have created this checklist and steps to follow to help you secure your account, warn others, and prevent further hacking.

STEPS	Actions to be taken	\checkmark
STEP1.	Go to the account provider's website and search their help or	
Contact your	support pages. These will explain the account recovery process	
account	in detail. It's likely to be different for each account.	
provider.		
STEP2.	Check that your e-mail account does not have unwanted	
Check your e-	forwarding rules. Cybercriminals may set up rules that allow	
mail account.	them to automatically receive copies of all emails sent to your	
	account, enabling them to reset your password.	
STEP3.	Please change the password for any hacked account and any	
Change your	accounts that have used the same password. Cybercriminals	
passwords.	know that people use the same password for different accounts	
	and will try the same hacked password across multiple	
	accounts.	
STEP4.	This can usually be done from the app or website's settings	
Force all devices	menu or as part of the privacy or account options. Once you've	
and apps to log	done this, you will be prompted to supply the new password for	
out.	any attempt to use your account.	
STEP5.	Two-step verification, also known as two-factor authentication,	
Set up two-step	usually works by sending you a PIN or code or an SMS message,	
verification.	which you must enter to prove it is you. So, even if a criminal	
	knows your password, they won't be able to access your	
	account.	
STEP6.	Apply updates to your apps and device software as soon as they	
The next step is	are available. Updates include protection against viruses.	
to update your	Applying these updates promptly is one of the most important	
devices.	and quickest ways to prevent your account from being hacked.	
STEP7.	Contact your account contacts, friends or followers. Let them	
Now notify your	know you were hacked and suggest they treat any recent	
contacts,	messages from your account suspiciously. This will help them to	
	avoid being hacked themselves.	
STEP8.	Look for unauthorised purchases and check your bank account	
Check your bank	for any unusual transactions. You can contact your bank directly	
statements and	for further support. Always use official websites or social media	
online shopping	channels or type the address directly into your browser. Don't	
accounts.	use the links and any messages you have been sent.	
STEP 9.	Contact Action Fraud if you've lost money, tell your bank and	
Please could you	report it as a crime to action fraud, the UK's reporting centre for	
report it?	cybercrime. You will be helping the National Crime Cyber	
	Security Centre to reduce criminal activity.	

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